

## **Friday Night Homework**

- 1. Write two or more pages on how you participated in the voyage and how it was a mirror of how you participate in your life, up until now. Include:
  - How I used my 30 seconds.
  - What I did in the group decision process.
  - The voting process.
  - The last messages.
  - My epitaph and what it meant to me.
  - How am I now committed to living life?
  - What is my stand in life?
- 2. What is possible in my life, from now on?
- 3. Commitment statement for Saturday:
  - The experience(s) I am committed to cause . . .
  - The prices I am willing to pay are . . .
- 4. Who people are for me?
- **5.** Who am I?

