

The Breakthrough Training

GROUND RULES

The nature of every organization, activity, and game is defined by its rules. The following ground rules are integral to the success of this training.

- 1. Maintain absolute confidentiality of other people's experience.
- 2. Be on time. A one-minute warning will be given: Be in your seat at the end of the one minute. The training starts at 9:00 am Thursday, 9:00 am Friday, 9:00 am Saturday, and 9:00 am Sunday.
- 3. Ask questions, talk, and share only when acknowledged by the trainer or during designated sharing periods. Shut off cell phones at all times in the training room. Do not side talk.
- 4. Smoke, eat, chew gum, and drink beverages outside the training room only.
- 5. Complete the training.
- 6. Wear your name tag visibly at all times during the training. Turn your name tag in at meals and at the end of each day.
- 7. Hold each other to the ground rules.

