

theflourishinglife.org

Who we are

The Flourishing Life is committed to creating flourishing lives for individuals, couples, leaders, and teams who seek to create and sustain significant change.

Through powerful trainings and coaching, you'll discover and implement what it takes to transform your personal, professional, and spiritual well being—starting today.

The Flourishing Life works with individuals, organizations, and faith communities to “get to the heart” of what it takes to produce results.

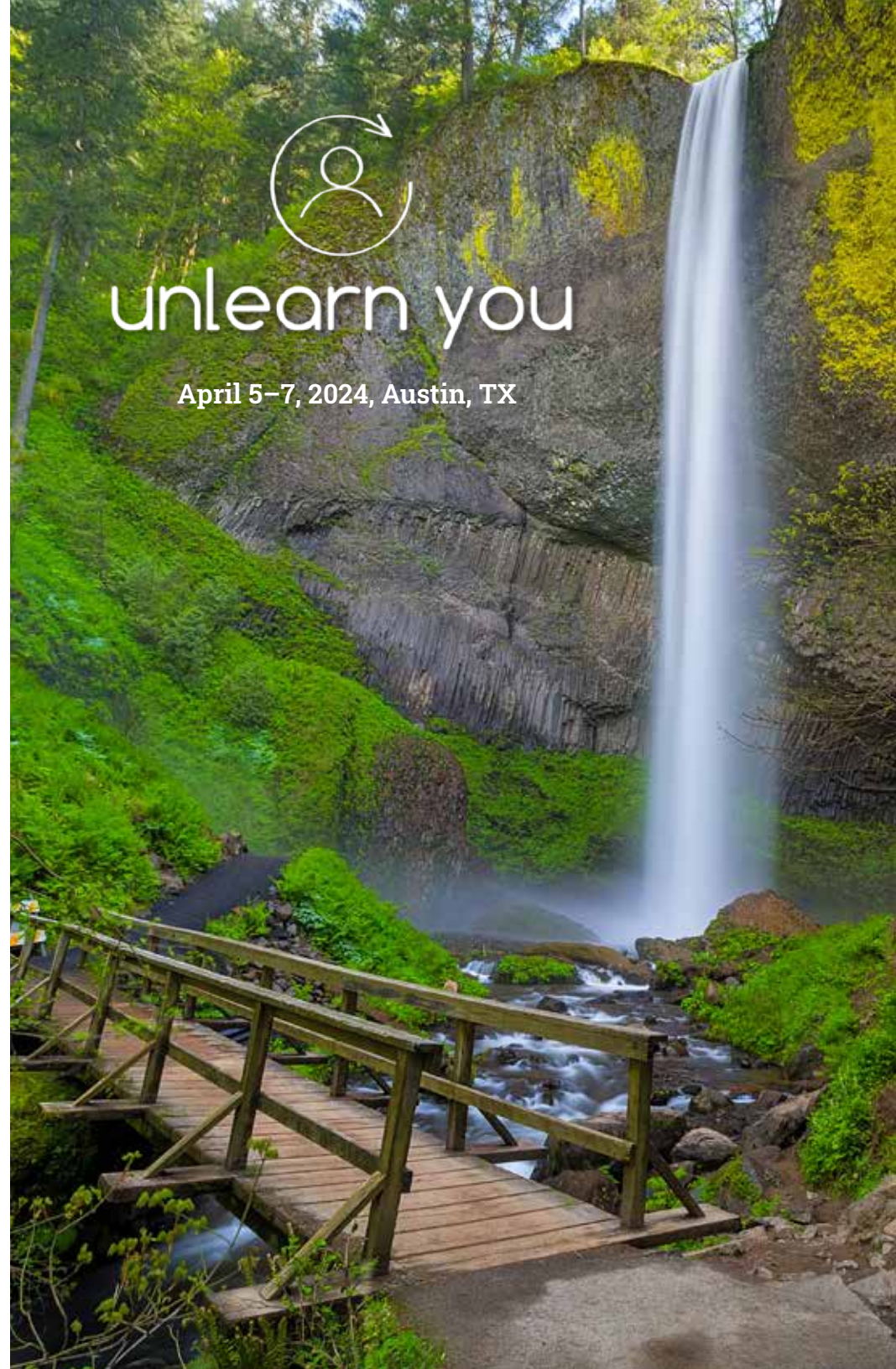
Our **experiential** trainings and coaching conversations allow you to identify the internal beliefs that may hinder you and replace them with beliefs that support your desired outcomes in life.

How have I changed? I've been married 42 years and just wrote my first love letter to my wife.

— Jack, North Scituate, Rhode Island

Learn more at:

theflourishinglife.org



unlearn you

April 5-7, 2024, Austin, TX



unlearn you

“Most of our assumptions have outlived their usefulness.”

—Marshall McLuhan

Got assumptions?

We all have them—those little thoughts and beliefs that we take for granted about the way life is.

And they're not always bad. When our assumptions about circumstances, others, or ourselves are valid or harmless, they can save us precious time and resources.

But what can happen in our marriage, families, relationships, or even our work when we live as if our assumptions are indisputable truths and never bother to explore their validity? And what if we've carried them for so long that we're hardly even aware that they exist?

Have you ever been in a situation where you found yourself scratching your head and wondering, “What just happened?” That might just be the mischief of assumption at work.

What is the Unlearn You Seminar?

The Unlearn You Seminar is an opportunity to investigate the basic assumptions and patterns of your life and consider how they support or undermine achieving your goals. At the Unlearn You Seminar, you can:

- Probe your attitudes and assumptions in a reflective and powerfully enlightening way
- Discover new insights that can transform your experience of life and your relationships with others
- Ignite a new passion for your vision and identify clear attitudes and actions that will support achieving the future you desire

The difference between the Unlearn You Seminar and other workshops is the distinction between studying bike riding and actually learning to ride a bike.

— Jane, Dover, New Hampshire

The Unlearn You Seminar is three days of Biblically-based mini lectures mixed with potent learning exercises, small group and one-on-one interactions, and

opportunities for reflection—all working together to clear the way for you to fully engage God's gift of life.

Who will benefit?

- Leaders and teams seeking clarity of purpose or direction
- Individuals hungry for a renewed vision and passion for living
- People who feel stuck in some area of life and aren't sure how to move forward
- Anyone who is seeking to transform the quality of his or her relationships

What opportunities exist for me?

- Renew a passion for what matters to you
- Develop tangible ways to move from surviving to thriving
- Deepen trust and authenticity in your relationships
- Discover strategies for generating results you may have once considered impossible
- Experience breakthroughs in confidence and creativity

- Clarify the difference between being victimized and living as a victim
- Create a life-defining purpose

I'm convinced that this seminar has the power to transform lives, marriages, families, churches, and entire communities!

— Nathan, Corinth, Vermont

The next Unlearn You Seminar

**April 5-7, 2024
Austin, TX**

Register Online at:

- theflourishinglife.org/register

For more information contact:

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